

Course of the Month Calendar

MONTH	THEME	COURSE
January	World Logic Day Jan 14	Apply LOGIC <i>by 7 Dimensions</i>
	World Snow Day Jan 19	10 Cold Weather Safety Tips <i>by Ally Safety</i>
February	Black History Month	African American History: Lift Every Voice and Sing <i>by The Great Courses</i>
	Safer Internet Day	How to protect your mental well-being online – from a Gen-Zer <i>by TED</i>
March	National Craft Month	Boost Your Creativity: Self-Talk Leads to Innovation <i>by Mike Veny</i>
	Women's History Month	National Women's History Month (U.S.) <i>by OpenDoors</i>
April	Earth Day Apr 22	Environmental Responsibility <i>by Skilla</i>
	Stress Awareness Month	Stress Management: 5 Strategies to Unlock Calm <i>by Simon Sez IT</i>
May	Asian American, Native Hawaiian, and Pacific Islander Heritage Month	National Asian American and Pacific Islander Heritage Month (U.S.) <i>by OpenDoors</i>
	Mental Health Awareness Month	Why you should talk about your anxiety at work <i>by Adam Whybrev on TED Talk</i>
June	Pride Month	Pride Month <i>by Syntrio</i>
	National Safety Month	Mark Preston - Lessons from Motorsport: High Hazard Environments <i>by MindChannel</i>
July	World Listening Day Jul 18	Listening With Empathy <i>by THRIVE</i>
	UV Safety Awareness Month	Heat Stress Safety <i>by MindChannel</i>
August	International Youth Day Aug 12	If you adults won't save the world - we will <i>by TED</i>
	World Photography Day Aug 19	The Complete Guide to Smartphone Photography: Smartphone Camera Basics <i>by The Great Courses</i>
September	National Courtesy Month	Teamwork: Respecting Your Colleagues <i>by Real Projects</i>
	Hispanic Heritage Month	National Hispanic American Heritage Month (Sept. 15 to Oct. 15) <i>by Syntrio</i>
October	Indigenous Peoples' Day Oct 14	Indigenous Peoples: Let's Define Them! <i>by OpenDoors</i>
	National Bullying Prevention Month	Culture Series: Workplace Bullying Prevention <i>by Litmos</i>
November	Self Care Week	Stress Management & Self-Care: Practicing Self-Care <i>by Mike Veny</i>
	Book Lovers Day Nov 1	Life Lessons from the Great Books: The Wisdom of Great Books <i>by The Great Courses</i>
December	Human Rights Day Dec 10	Human Rights <i>by mybreev</i>
	New Year Readiness	Strategic Thinking: Commit to Your Plan A <i>by ICON</i>